

When Being a Good Girl Is Bad

Contributed by Frances Romero - Time Magazine
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Following up her bestselling book *Odd Girl Out: The Hidden Culture of Aggression in Girls* with *The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence*, author Rachel Simmons argues that girls are taught early on to suppress their emotions and not to live as loudly as they might be inclined to. TIME talked with Simmons about how to raise girls who aren't afraid to be assertive and even a little less than perfect.

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